



Purpose: The Food Delivery Program seeks to increase access to allergen-friendly and gluten-free foods for households experiencing food insecurity and dietary restrictions. During their enrollment, households can shop for allergen-friendly and gluten-free groceries on a monthly basis. Their order is then delivered to their home, all at no cost to them.

About FOODiversity: FOODiversity is a North Carolina-based nonprofit organization founded in 2020. Our mission is to lessen the burden of food insecurity for individuals with food allergies, celiac disease, and food intolerances. We are dedicated to alleviating hunger, eliminating nutritional deficiencies, and preventing medical emergencies by building health literacy through educational support and improved access to safe foods.

Educational Components:

- Enrollment kit
- Monthly newsletters
- Shopping experience with Attane Health

Customer Outcomes:

- 87% of households discovered new allergen-friendly and gluten-free foods and/or tried new safe foods.
- 84% felt more empowered to manage their dietary restrictions.
- 74% reported improved health (including physical, mental, emotional, and/or financial).

Testimonials:

- “I am truly grateful to receive this service as it takes away so much stress, worry, and concern about having enough safe foods to eat each month and I feel like I can actually think about other things.”
- “...The Food Delivery Program HELPS Alot [sic]! The products I can get through this program and the amount of the products I could not buy on my own. My [child] is able to choose what he wants to eat for breakfast... It helps us eat healthier and allergen free.”
- “Having extra resources is really a blessing. Feeling supported is worth even more.”
- “I don't feel alone in [this] struggle when I know others have food allergies too.”